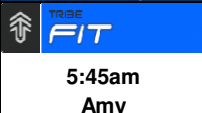
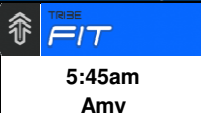
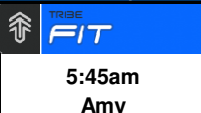











Tribe Team Training Schedule- Nelson

Season 4

Season 4 2017 runs June 19th- July 28th. FREE trial week June 12th- 16th. Secure your spot starting June 12th!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 5:45am Amy		 5:45am Amy		 5:45am Amy		
	 9:30am Amy		 9:30am Amy			
						
 5:30pm Amy		 5:30pm Amy				
 6:45pm Amy		 6:45pm Amy				

Team 1: TribeFIT 3 day M/W/F @ 5:45am with Amy

Team 2: TribeFIT M/W @ 5:30pm with Amy

Team 3: TribeCORE M/W @ 6:45pm with Amy

Team 4: TribeLIFE T/Th @ 9:30am with Amy

Try out the programs during FREE trial week- June 12th to 16th! Only 10 spots per team.
Sign up at <http://www.signupgenius.com/go/20f0b4eaaa92ba4fb6-nelson13>

For more info on our Tribe Team Training programs, visit:
<http://motionfitnesssaskatoon.ca/resources/tribe-team-training/>

